



# Health Optimising Homeostasis

Non-invasive biofeedback/bioresonance technology promotes self-healing and self-regulation mechanisms which may be dysfunctional through emotional or physical stress.

- By mimicking the body's naturally produced bioenergetic signals and measuring how the body reacts to these signals the Health Optimising Homeostasis treatment helps to balance an over-stressed mind and body.
- The stresses of living in today's environment can put our body and mind under considerable pressure. These stresses often result in lowered immune system, chronic pain, low performance, depression, insomnia and emotional ups and downs.
- The Homeostasis treatment uses quantum energetics to identify underlying factors triggering ill health (e.g. food intolerances, toxins, emotional trauma), to promote self-regulatory mechanisms to locate and support the removal of health issues., This can have a beneficial impact and improve body organs and processes, energy systems and psychological factors involved with ill health. If these imbalances are not resolved this can result in chronic disease. .

## Health benefits of the Health Optimising Homeostasis treatment for children

Homeostasis treatment is ideal for children, as they are often unable to verbally communicate their deeper emotions and feelings.

Many children suffering from behavioural problems have seen considerable improvements as Health Optimising Homeostasis unearthed underlying factors, such as food intolerances or lack of sleep.

## How Health Optimising Homeostasis works?

The Homeostasis technology measures thousands of different parameters in the body including inflammation, toxicity and stress capacity as well as cellular health and your capacity to heal. Inflammation, toxicity and stress are the 3 causes of chronic disease. It then compares these parameters with the norm, registering these back on the Homeostasis software technology.

The information provided is fundamentally different from X-rays, blood tests or other informative tools. The Homeostasis tells us about the body's energetic state and the direction in which the body is focusing its energy.

This treatment is non-invasive and can induce deep relaxation and a calm state of mind.

## What should I expect?

The Clinician will apply a headband and straps containing the electrodes to the wrists and ankles. The process consists of 3 phases.

Firstly there is a calibration of the machine to remove any geopathic stress. This is followed by a scan which is attached to the assessment computer programme.

This takes the body measurements and identifies the body's biological reactivity and resonance, indicating needs, dysfunctions and imbalances. It takes about 3 minutes.

After this, the treatment will commence. A unique feature of the Homeostasis is its ability to automatically focus and treat what is most relevant for the patient at present.

In this self-regulation phase the Clinician will select from hundreds of different types of programmes and specific therapies to help unblock the stresses within the patient's body. Through a feedback loop, the Homeostasis measures resonance pulse (bioenergetic signals) and sends back an alternate pulse to which the body responds. In turn, the body alters its own reactance pulse, thus creating change. For example, from high levels of anxiety to an anxiety free state, from deep seated, chronic imbalance to balance. This is indicated on the Homeostasis as a percentage of rectification.

The treatment is non-invasive and pain free.

### The Homeostasis used with Health Optimising VoiceAnalysis

For lasting results it is advised to combine the Homeostasis with Health Optimising VoiceAnalysis (VA) treatment. The VA is a revolutionary voice pattern recognition system. Using speech tone sequences and vibrations it identifies and redresses unresolved emotional factors, psychological effects on the body and deep-seated behavioural and emotional patterns. It works in tandem with the Homeostasis which regulates brainwaves and stimulates the relevant brain processes and programmability.

### Linked Treatments/Follow up recommendations

It may be necessary to return for follow up Homeostasis treatments, depending on the success of the rectification process. If there is not 100% calibration shown after the first treatment, then it will be important to go through the process again until full success is achieved.